

MORGAN**FOR SALE
At Auction**

Shortly at my salesroom, 857 Kaahumanu street, Honolulu.

LAND OF KAPONO.

LOCATION—The land of Kapono is situated at Punaluu, Koolauloa, Oahu, between the lands of Puhe-miki and Haleaha.

PATENT AND AREA—Royal Patent (Grant) 879 to L. S. Ua, and contains 39 Acres, 3 Rods, 9 Ro. Excepting kuleanas.

LEASE—Twenty acres, rice land, now under lease for 13 years from 1897, at \$300 per annum and taxes \$24, total \$324.

BUILDING—It has a large building and outhouses—sleeping quarters and storehouse for paddy. Cement threshing floor.

WATER RIGHT—It has a water right from the Waiono stream through auwai, for irrigation.

SPRING—It has a water spring of its own in center of land now unused but could be piped to house lot for domestic use.

HOUSE LOT—There is a house lot of nearly three acres in area and fronts on the belt road of this island.

BELT ROAD—The belt road cuts thro' the makai end of this land.

SEA BATHING—Facilities for sea bathing is excellent, being only a few feet from the makai end of land, and has a sandy bottom.

FISHERY—Fishery is free being Government land.

STEAMER SERVICE—Steamer John A. Cummins calls at Punaluu.

JAS. F. MORGAN,
AUCTIONEER.

Auction Sale

Tuesday, October 10,
AT 10 O'CLOCK A. M.,

At my salesroom, 847 Kaahumanu street, I will sell

**Men's-Youth's-Boy's
CLOTHING**

AT YOUR OWN PRICE!

JAS. F. MORGAN,
AUCTIONEER.

Auction Sale

Tuesday, October 10,
AT 10 O'CLOCK A. M.,

At my salesroom, 857 Kaahumanu street, I will sell THE ENTIRE OUT-FIT OF COMPANY PLAYING AT

CHINESE THEATER

COMPRISING

**Gods, Goddesses,
Suits of Armor,
Swords,**

and Chinese clothing, such as is now past history.

CURIOSITIES, ETC.
On view MONDAY afternoon.

JAS. F. MORGAN,
AUCTIONEER.

Auction Sale

Monday, October 9,
AT 12 O'CLOCK NOON,

**250 Large
Bales Wheat Hay**

ON RAILWAY WHARF,
Ex Iririgard.

SEND IN YOUR ORDERS!

JAS. F. MORGAN,
AUCTIONEER.

**RICH RED SOIL
Plenty of Water**

The new contracts are now ready for the Kapiolani Addition Lots at Kapiolani.

THE NEW PRICES ARE FIXED—CUT THROUGHOUT.

Vineyard Lands

Preference given to those already owning lots—but first come first choice.

JAS. F. MORGAN,
SALES AGENT.

Call at my office any time and ask for Mr. Steven.



The Heiress (pouting)—The Count failed to call on me last evening—and has just wired me that he "forgot it."
"Oh, you must try and overlook it. He is notoriously careless in money matters, you know."

**FOR WOMEN
TO READ****VEGETABLES THAT CURE.**

I am almost disposed sometimes to think that familiarity with what is technically known as "materia medica" is a snare to the housemother. She would better leave the selection and the handling of drugs, especially those that contain mineral matter, to apothecary and physician. She is passing wise for her generation if she makes a careful study of the properties, values and uses of the contents of larder and storeroom.

It is not enough to say that this meat, that vegetable, or the other sweet disagrees with one. She should know why, and what to substitute for the unwholesome article. She should know, furthermore, what course of diet will correct stomachic, nervous and intestinal disorders; what to eat in hot weather, and what will supply fuel to the human system in midwinter.

The ignorance of nine-tenths of our otherwise intelligent housekeepers upon the points I have indicated is appalling to one who has even a tolerable degree of familiarity with the remedial treasures stored in nature's pharmacopoeia. It is not practicable in the limits of a single chapter to do more than hint sketchily of these treasures. The mother who makes this branch of medicine a study converts her market-basket into a dispensary, and constitutes herself the health officer of the district represented by her household.

Descending—or rising—to particulars, she will then know the curative properties of everyday preparations of vegetables and fruits handled with habitual thoroughness and partaken of recklessly by those for whom she caters. For example, apple sauce, hominy, Indian meal mush and wheaten grits are excellent correctives of constipation, and should not be eaten by adult or child who has a tendency to laxness of bowels. Rice, boiled plain, or with milk, or made into gruel or jelly, heals irritated intestines, and comforts by coating the inflamed lining of the stomach.

Boiled milk, when taken hot, is a gentle laxative. When allowed to cool it binds instead of loosening. These facts should be better known. Even physicians, in prescribing boiled milk for patients suffering from "summer complaint" or similar troubles, order

boiled milk as a dietary without specifying the temperature.

The value of celery as a nerveine is known to comparatively few. The hankering for it frequently felt by brain workers and "fidgety" women is generally set down as a whim, when it is, in fact, an eloquent pointing of nature to a specific. The same esculent is useful in cases of nervous dyspepsia and rheumatic gout. It should be fresh and crisp and be eaten freely.

Onions are also an excellent nerveine. They should be boiled in two waters and thoroughly cooked. For bilious disorders, influenza, insomnia—and muddled complexions—their value as a steady diet can hardly be overrated. Lettuce is highly recommended for insomnia. A light meal of fresh lettuce, not too sharply seasoned, and thin brown bread and butter, eaten just before bedtime, will induce drowsiness when the doctor's soothing draughts have no effect. I have quoted more than once the title given to spinach by a renowned writer upon dietetics—"The Broom of the Human System." Its specific action is upon the blood. It is also a gentle laxative and a solvent of biliary calculi, or gravel. I remark regretfully, in passing, that this invaluable green vegetable is more frequently maltreated in the cooking than any other that comes upon our tables.

Tomatoes act directly upon the liver, cool the blood, are easily digested by dyspeptics—in short are invaluable in all classes of disorders for which the old-fashioned doctors prescribed calomel.

Asparagus, properly cooked, is easily digested and a gentle sudorific, acting upon the skin and inducing a flow of healthful perspiration.

Rhubarb, or pieplant, should be eaten frequently by rheumatic sufferers, since it acts directly upon the blood, cleansing it from the uric acid which provokes rheumatism.

Lemons are anti-bilious. A southern planter whose field laborers and house-servants were singularly free, year after year, from malaria fevers which scourged neighboring plantations, told me that he laid in lemons by the dozen boxes, dispensing them every day to his family and employees instead of administering quinine. A roasted or boiled lemon, and eaten still hot, just before retiring, will induce perspiration, relieve hoarseness and often break up an incipient cold.

Cranberries are almost a specific for erysipelas and for a tendency to scrofula.

Figs are a well-known aperient, eaten fresh, dried or stewed. They are also recommended for cancerous diseases. Blackberries are a tonic and an astringent. Black raspberries and strawberries have a tendency in many cases to induce constipation, an effort caused by the seeds, not by the pulp. Mothers, mindful of this property, should exercise a wise supervision of their children's indulgence in small fruits.

Peaches may be called a genuine regulator of the internal machinery of the human body. When ripe and sound, they may be eaten in incredible quantities by the fruit lover. By a strange and beneficent double action they correct constipation and as effectually brace and heal the too lax intestines.

MARION HARLAND.**SOME EXCELLENT RECIPES.****SOUR CHICKEN.**

A delicious way to prepare a rather old chicken is to stew it in water slightly salted. When the water boils down, pour in about half a cupful of vinegar, add a few laurel leaves, cloves, a little onion, salt and pepper, and boil again. When the chicken is very tender, thicken the gravy with flour.

SOUR BRAINS.

Soak calf's or pig's brains in cold salt water; clean them and put in the pan with water enough to cover it. When the water has cooked down, add about a tablespoonful of vinegar, laurel leaves, cloves, onion, salt and pepper, and cook until tender.

GERMAN POTATO SALAD.

Boil your potatoes, peel and slice very thin while warm. Add salt and pepper to taste. Fry some bacon, add

to the grease a little vinegar and pour over the potatoes while warm. Toss well and add vinegar, salt and pepper until it "tastes right." Grate (or chop very fine) a little onion and celery (or add celery seed), two or three hard-boiled eggs, chopped fine. Toss all again, add a little cream, and just before serving pour on a little more cream.

CABBAGE SLAW.

Shred a nice, firm cabbage; peel and chop two or three tomatoes, one-half of an onion and a good cupful of celery (or use celery seed). Add salt, a good tablespoonful of sugar and vinegar, as usual. Toss well.

SOUR BEANS.

String a bushel of beans, split them lengthwise and put into a boiler of water. As soon as they boil, take out, drain and spread on a table to cool. Put into a stone jar, with a little salt on top. Cover and set in a cool place. Nice to eat any time when cooked with small piece of pork.—Mrs. L.

BIRTHDAY TURTLE CAKE FOR CHILDREN.

One cup of butter, two cups of sugar, one cup of sweet milk, three cups of flour, whites of five eggs, two teaspoonfuls of baking powder; add milk and flavoring. Beat the whites of the eggs thoroughly; fold them in the last thing. Bake in a sheet; frost with white frosting; mark into squares. Select large, plump raisins, one for each square; pick off the stem and squeeze out the seeds. Select whole cloves, six for each raisin; remove the buds, stick two on a side for feet, one with the bud for a head and the point of a clove for a tail. Put a "turtle" in the middle of each square of cake.

APPLE SALAD.

Six apples, four tablespoonfuls of powdered sugar, one-quarter teaspoonful of cinnamon, one gill of sherry (gale), core and cut apples in thin slices, put a layer in the bottom of a salad dish, sprinkle with sugar and a little cinnamon. Then another layer of apples, and so on continue until all are used. Pour the wine on and set in a cool place. It is then ready to serve.

Mrs. H. A. F. (Beverly, Mass.)

STORY BY A JAP.

In the morning when I was working on my business under a window which is just located for the street—I have heard so many sounds of whipping accompanied with enormous voices of animal, Bow, Bow, Bow after Bow, a great many number persons assembled near the place and the tracks of crowd invited me to attend what shall be the accident one cow boy who was leading his bull, with her calf on their way had come to a branch street and the calf refusing to cross it run away off. In order to drive his animal back the boy whipped frequently but the calf did not turn her mind to go. At last the boy took his rope lashed around the small animal's neck and began to pull in by the edge. The pity calf having a rough rope around her throat while it is increasing more pain pull by pull still she did not advance and felt down in the road. A quite aged gentleman with a fine stove pipe on his head and a compassionate face came out between the assemblage to the boy whispered him to give up such cruelty—But the poor beast could not distinguish her preserver of the life—on the contrary rushed up on the gentlemen to hook him up. There was only a little space to escape the danger he scarcely got away but tumbled down in the ground flying away his hat. Then another feller came out and tried to loose the rope from the animal's neck. The ungrateful and awful being sprung up on gain his back and with her huge horns hooked his side and legs but he also escaped the difficulty without no injury. Now all persons could find out no best way how to drive them. Shortly after a kine man coming to the matter he told them to get a wagon and will carry the calf there it is easy to lead the mother so the boy obeyed to his opinion had called a carriage took the calf in and drove the horse with the bull together in safe.

**MISS TRACY'S
COOKING SCHOOL**

**MEETS TUESDAY MORNING
AT 10 O'CLOCK**

in social hall of Hawaiian Hotel under
auspices of

Honolulu Gas Company, Ltd.

Semi-Porcelain Dinner Sets

**DECORATED IN DIFFERENT COLORS
JUST ARRIVED . . .**

We are offering special inducements on these goods and you will be surprised at the very reasonable prices.

A large invoice of Steel Enamelled Ware in both White and Grey has just been opened.

Pacific Hardware Co., Ltd.

Fort and Merchant Streets.

**WE DYE
TO
LIVE**

Send us your most dainty and delicate fabrics if you wish them dyed or dry-cleaned. Also feather boards, ostrich plumes or anything that you really care for and we will make them as good as new.

We have just installed up-to-date machinery for this purpose and guarantee our work. You will be surprised how successfully we can handle gloves, ribbons, girdles, neckties, etc. Our wagons will call and deliver them.

Sanitary Steam Laundry.

Telephone Main 73.

Sustaining Their Popularity

Our 40% gain in trade since we introduced these famous women's SHOES is a marked demonstration of how the women of Honolulu appreciate high grade footwear at popular prices. Not only are OUR SHOES the swiftest in point of fashion, but they are the greatest wearers and the greatest fitters made. Every day new customers are introducing themselves to us. Are you with us in this matter? Remember that there are 22 different styles to select from, in all kinds of leathers—Vic Kid, Patent Colt, Veilour Calf, etc. These SHOES are made with GOODYEAR WELTS and HAND-TURNED SOLES.

Island orders given prompt attention.
MANUFACTURERS' SHOE CO., LTD.,



**E. P. REID'S Famous
— \$3.50 —
SHOES for Women**

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THE BYSTANDER

(Continued from Page 4.)

nationals the assurance of protection. The moment Hawaii was annexed the powers left their interests secure under the protection of American law. Honolulu ceased to be a regular stopping place for British and French warships, the Japanese cruisers stopped coming and even American vessels were infrequent callers. But for the Oriental war a large station ship would not have been kept here. I doubt if we shall soon see a successor to the Bennington; but the exigencies of trans-Pacific travel will give us an occasional sea-fighter.

A Chinaman had been hovering about the kitchen of a Honolulu home, where he had no business, so frequently as to excite suspicion. At length a lookout was kept for him and he was surprised in the act of handing over something to the Japanese cook. The visitor took alarm on being discovered and lighted out through an open window.

Then the Japanese cook was questioned and divulged the fact that the Chinaman had effected a sale of che-fa tickets to him.

It was probably but one of scores of similar incidents that might be related, showing how the gambling mania affects the quality of domestic service in homes. Besides blunting the habit of industry it is liable to undermine honesty. When the servants go broke on the game they are apt to make good in some way at the expense of their employers. Then, again, the gambling joint runners will like as not steal when going their rounds for suckers.

Anyone who considers the ramifications of the evil can not honestly dismiss the subject with the flippant remark: "If the Asiatics want to gamble, let them gamble; it doesn't hurt us."